



How to Make Every Day Earth Day



Turning Off the Lights

Working with non-essential lights off is a symbol of committing to wanting to change the earth's climate and reducing greenhouse emissions into the environment.





Earth Day

Friday, April 22nd



*EnviroForensics encourages all to turn off the non-essential lights
Friday, April 22nd in the office.*

In the US, the average home uses about **1000 kilowatts/hrs of electricity per month**. That's equivalent to 79 gallons of gas, 18 trees or 19 barbecue grill propane cylinders!



Update your Lights



As well as turning off the lights, make it a point to switch to energy-saving light bulbs (LED or CFL bulbs).

These bulbs:

- Will keep a half-ton of CO₂ out of the atmosphere over the life of the bulb, if you replace just one regular lightbulb with a CFL.
- Are longer lasting than regular bulbs
- Conserve energy
- Are cost effective



Different Ways to Travel to Work

Bike



Bus



Carpool

Skipping the Bath or...

Reduce your time in the shower.



The average person uses about 50 gallons of water when they shower. A bath uses about 70 gallons of water!

By conserving water you can:

- Save money
- Save energy used to treat and pump water
- Protect drinking water sources





Go Minimalist



“Have nothing in your house that you do not know to be useful, or believe to be beautiful.” - William Morris

Live with less stuff by **getting rid of what you don't need.**

Follow the 7 R's



- **Reuse** rather than buying new every time.
- **Repurpose** discarded items into new, functional objects.
- **Rot**: compost everything organic
- **Repair** rather than replace
- **Return**: buy from companies with return policies
- **Refill** rather than buying disposable bottles and paper cups.
- **Refuse** to buy overpackaged, disposable, single-use items.

Eat Local & Seasonal Food



Volunteer



Celebrate Earth Day by getting your hands dirty in a meaningful way by planting a tree or cleaning up a park.

- Join your local Sierra Club
- Visit your local government website for other environmental volunteer possibilities



EnviroForensics volunteering with the Indy Urban Acres Organization





OUR

Place
Planet
Responsibility